

## **Preparation Instructions for Angiography Procedures (Catheterization)**

Our procedure scheduler will contact you within 1 week to coordinate the date, time, and location of your procedure. Please follow these instructions prior to your procedure:

1. Do not eat or drink anything (except for a small sip of water to take your medications) 6 hours prior to your hospital arrival time.
2. **Please take 325mg of Aspirin the morning of the procedure** with your current medications. If you are currently on 81mg of Aspirin, the 325mg dosage will replace your 81mg dosage the morning of your procedure.
3. **If you are on Plavix, Effient, or Brilinta, please DO NOT hold this medication.**
4. If you are on a blood thinner such as Coumadin, Warfarin, Pradaxa, Xarelto, or Eliquis, please hold this medication 3 days prior to your procedure to avoid being rescheduled.
5. Diabetic Patients: If you are on an oral diabetic medication, such as Metformin, please hold your usual dose 24 hours prior to your procedure. If you are on insulin, please take only ½ of your usual morning dose before your procedure.
6. Please inform your physician if you are allergic to iodine or contrast dye.
7. You will need a driver to take you home after your procedure. You cannot drive for 2 days after the procedure.
8. Please call the office to reschedule if you develop a fever or infection within three days of your procedure.

Please Note: If a stent is placed, the cath lab at the hospital may provide you with a card that has a description of your stent, including the brand, the type, and the serial number. If so, please bring this card with you to your follow-up appointment so that our office can scan the card into your chart, in the event that the card is ever misplaced.