

Patient Instructions for Carotid Stent Procedure

You will be notified of the date and time of your procedure as soon as it has been set up by our scheduling department. The process may take a few days due to the fact that many insurance companies require an authorization for this procedure. We appreciate your patience regarding this matter.

Medications and Special Instructions Before the Procedure

- Take a list of your current medications with you to the hospital, including name of the drug, dosage and frequency.
- Start taking 325 mg of aspirin one week prior to the procedure.
- **Start taking Plavix one week prior to the procedure. A prescription will be electronically sent to your pharmacy.**
- Do not eat or drink anything 6 hours prior to your hospital arrival time, except for a small sip of water for medications. **DO NOT take your blood pressure medication the night before or the morning of your procedure.** You may take all other medications.
- Blood thinners
 - Coumadin, Warfarin, Pradaxa, Xarelto, Eliquis, Savaysa: should be discontinued 3 days prior to the procedure. If you have not done so, the procedure will need to be rescheduled.
- Diabetic patients
 - Metformin: Needs to be discontinued within 24 hours prior to the procedure. Other drugs that include Metformin are Avandamet, Fortamet, Glucophage, Glucovance, Glumetza
 - Insulin: Take only half (1/2) of your usual dosage the day of the procedure and the hospital staff will regulate any other dosing of insulin that you may need.

- Please inform your physician immediately if you are allergic to contrast dye.
- You will need a driver to take you home after the procedure. Please plan accordingly.
- Please note: You cannot drive for 2 days after the procedure.
- Please call the office to reschedule if you develop fever or infection within 3 days of your procedure.