WATCHMAN®

Patient Instructions

* Take a list of your current medications with you to the hospital, including the name of the drug, dosage, and how often.
* Do not eat or drink anything for 8 hours prior to your hospital arrival time, except for your medications.
* Take 325mg of Aspirin on the morning of the procedure with your current medications.
* If you take any of the following mediations, **DO NOT Stop taking**
  + **Plavix**
  + **Aspirin**
  + **Effient**
  + **Brilinta**
* If you take any of the following blood Thinners, it **should be discontinued** 3 days prior to the procedure. If you have not done so, the procedure will need to be rescheduled.
  + **Warfarin**
  + **Coumadin**
  + **Xarelto**
  + **Pradaxa**
  + **Savaysa**
  + **Eliquis**
* Diabetic Patients:
  + Metformin: Needs to be discontinued within 24hours **prior** to your procedure.
    - Make sure you are not on any other drugs that include Metformin like:
      * Avandamet, Fortamet, Glucophage, Glucovance, Glumetza
  + Insulin: Take only ½ of your usual dose the day of your procedure and the hospital staff will regulate any other dosing of Insulin that you may need.
* Please inform your staff at the hospital if you are allergic to contrast dye.
* You will need a driver to take you home after your procedure. Please plan accordingly. Please note: you cannot drive for 2 days after the procedure.
* Please call the office to reschedule if you develop a fever or infection within three days of your procedure.

**If you do not arrive at the treating facility for your procedure at your designated check in time, your procedure may be subject to delay or cancellation.**